



fish 'n' tosh

Suite 13 South Gate, 87 Canning Highway, South Perth WA 6100
P: +61 (08) 9473 9900, F: +61 (08) 9473 9966, E: admin@fishntosh.com
www.fishntosh.com



Essential Therapeutics

Essential Oils - the same and different

by Ron Guba

Overview:

With a variety of essential oils, we can have oils from plants of the same species where the composition and aroma can vary sometimes dramatically, due to the phenomenon of 'chemotypes', the extraction method used and more. In cases like this, which essential oil should be used?

In this seminar, we will discuss and experience the differences and the benefits for essential oils such as: The 3 Geraniums and Rosemary's • Sweet & Tropical Basil • The Many Lavenders & Eucalyptus • Ginger & Frankincense – steam distilled vs. carbon dioxide extracts • Ylang Ylang–complete distillation or fractions.

How to choose ? when to use ?

- Geranium from Egypt, China or Reunion
- Rosemary CTI Camphor, CTII Cineole or CTIII Verbenone
- Ginger distilled or the CO2 extract
- Frankincense distilled or the CO2 extract
- Ylang Ylang complete or Ylang Ylang super extra
- Sweet Basil or Basil Tropical
- Eucalyptus Australiana, or Blue Gum, Blue Mailee, Smithii, Lemon Eucalyptus, Eucalyptus Peppermint, Staigeriana. So many to choose from!
- True Lavender or Lavender Super Hybrid, Wild Lavender, Spike Lavender

FOR WHOM : Aromatherapist, Massage Therapist, Beauty Therapist, All Natural Therapy Practitioners and anyone who wants to know what essential oil they are really using.

FEE : \$88.00 (inclusive GST)

VENUE : AUSTRALASIAN ACADEMY OF WELLNESS THERAPIES

DATE / TIME : **Saturday 14th November 2009 - 9.00am to 1.00pm**

Book before 30th October 2009 to enjoy **15%** early bird discount.

Express Registration

Cut here to post or fax your registration

Name: _____

Phone No: _____

Address: _____

_____ P/C _____

I would like to sign up for the following course: _____

visa Mastercard

No: _____ / _____ / _____ Expires: _____ / _____

Signature _____



POST TO: Australasian Academy of Wellness Therapies
Suite 13-16 South Gate, 87 Canning Highway, Victoria Park, WA 6100

OR Phone: (08) 9473 9900, Fax: (08) 9473 9966