



## Australasian Academy of Wellness Therapies

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### BACH FLOWERS REMEDIES

#### Introduction:

The Bach flower remedies were devised by Dr. Edward Bach, a physician in the Homeopathic hospital in London in the early 1930's. He believed that an individual's predisposition to disease resulted from emotional imbalance. He researched and designed a system of health care from a collection of 38 flowers remedy. Since then Bach Flower Remedies have been used extensively and with great success in the holistic area of natural medicine.

Duration	: 2-day weekend
Course fees	: \$280.00 + GST
Schedule	: Sat & Sun 9.30am – 4.00pm
Venue	: Suite 13 Southgate, 87 Canning Hwy. South Perth

#### Course Objectives:

At this workshop, participants will learn the principles of Bach Flower Essences and how to use them effectively to support your own life and that of your family and friends. Flower essences can be used safely with everyone from 0-100 including animals.

Bach flowers are also a very useful tool for practitioners to use as a means of ongoing support for their clients.

#### Methodology:

Our course facilitator will impart knowledge and demonstrate the correct use of each Bach Flower Remedy. You will be guided in preparing a personalized remedy for yourselves.



#### Topics covered:

- Development of Bach flower remedies
- Everyday uses for Bach flower treatments
- Introduction to the 38 remedies
- Blending your own personal flower essence remedy

\*\* participants will receive a personalized Bach Flower Remedy each.

#### Who Should Attend:

Individuals who have a keen interest in alternative therapies and therapists interested in including the use of flower essences in their own practice.

**Certificate** : Certificate of Completion from Australasian Academy of Wellness Therapies

**Progression** : Certificate IV in Aromatherapy

*...the essence of natural well being...*

Call us at **08 9473 9999** for more information Or email us at [workshops@aaowt.edu.au](mailto:workshops@aaowt.edu.au)

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