



Australasian Academy of Wellness Therapies

Suite 13-16 South Gate , 87 Canning Highway, South Perth, WA 6100

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AROMATHERAPY

Introduction:

Interest in aromatherapy has grown significantly and is practiced by many as a form of therapy. Aromatherapy involves the use of essential oils from plant sources, as therapeutic agents seeking to influence, change or modify mind, body or spirit, physiology or mood. In the industry there are four definable branches of aromatherapy – aesthetic aromatherapy practised by beauty therapist, holistic aromatherapy practised by aromatherapists, psychoaromatherapy practised by aromochologists and aromatic medicine practised by medical practitioners and aromatologists.

Come and learn natural and pleasurable ways to restore vitality, enhance emotional well-being and stimulate the body's immunity.

Duration	: 1 day per week for 6 weeks (ful-time)
Course fees	: \$660.00 (GST incl.)
Schedule	: Friday (full-time) 9am – 2pm or Tuesday (part-time) 6pm to 9pm (refer to website for latest schedule)
Venue	: Suite 15, South Gate

Course Objectives:

At the end of these sessions, participants have a general but thorough understanding in the principles of Aromatherapy. Each individual will appreciate the qualities of therapeutic oils and understand the benefits, limitations and hazards of each type of oil and their safety issues.

Topics covered:

- Introduction to aromatherapy and history
- Essential Oil facts
- Olfactory System
- Bases, blending and vapourising
- The skin
- Skin diseases
- Bathing
- Quality Control, hazardous oils and safety
- Study guide to essential oils
- Practical application

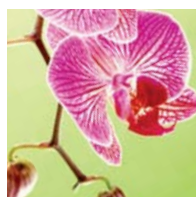
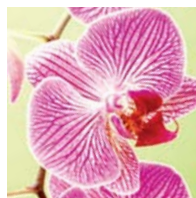
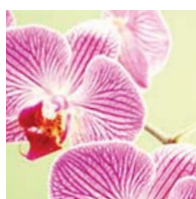
** Dress Code: Required to wear white t-shirts and black trousers.

Who Should Attend:

Individuals who have a keen interest in aromatherapy, alternative and homoeopathic therapies and those interested in complementing wellness therapies as a whole.

Certificate : Certificate of Completion from Australasian Academy of Wellness Therapies

Progression : Certificate IV in Aromatherapy / Diploma of Aromatherapy / ITEC Diploma in Aromatherapy / Certificate IV in Massage Therapy Practice



Call us at (08) 9473 9999 for more information Or email us at courses@aaowt.edu.au